



# IELTS Speaking Practice Test 05 Topic: An Outdoor Activity

## Speaking Part 1

### 1What do you do in your spare time?

In my spare time, I prefer playing with my friends, cousins and I go to badminton club for getting my mind and body refreshed

### 2Do you like outdoor activities?

Yes, I do like outdoor activities as it refreshes the body and mind. There are many benefits to taking a break and going out. Clarity of mind, the flow of ideas, and also thoughts regarding the concepts you are stuck into, are some of the benefits.

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### 3What outdoor activities do you most like to do?

I keep myself engaged in mind refreshing activities like hanging out with my friends, going to dance classes, working in my company, and also going out for badminton club to refresh my mind. I also play with my brother and sister so that I could spend more time with them

### 4How often do you do that?

Weekly twice, I go out with my friends. I also play with my brother and sister frequently.

## Speaking Part 2

Here is an audio of the sample answers given below. Please listen to it for more clarity on the Speaking Test.

### Describe an outdoor activity that you like doing.

You should say

- what this activity is
- when you do it

- where you do it and explain why you like it.

## Sample Answer

Here is the sample answer for “describe an outdoor activity that you like doing” topic:

I really enjoy running. Not the fast **sprinting** kind of run, but farther more **drawn-out** jogging kind of run.

I usually like to run when the weather is warm but not too hot, because if it's too hot then I'll be **sweating like a camel**, and will be so thirsty and red from the heat that I can't function for about a half hour after that. Somewhere between 21 and 28 degree Celsius is a good temperature for running.

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I extremely dislike running on a track or in wide-open spaces, because it makes me feel like I'm not getting anywhere. I think that the best place to run is on a smaller, not-so-busy street in a nice residential area. But if there isn't a place like that to run near my house, I'll run anywhere—even on a track.

One reason that I enjoy running is it's faster than walking and cheaper than taking buses or taxis. Also, running is good for your health; the more you run the stronger your legs, back and lungs get. I also like the rush that you get when you push yourself farther than you've ever gone before, where you feel like collapsing and keep on running until you don't even feel your legs anymore and it's just mechanical.

## Vocabulary for Cue Card

Here are the vocabularies for “describe an outdoor activity that you like doing” with examples:

- **Sprinting:** the competitive athletic sport of running distances of 400 meters or less.  
**Eg:** “These people are sprinting”
- **Drawn-out:** lasting or seeming to last longer than is necessary.  
**Eg:** Those people literally drawn-out waiting in their relative's place
- **Sweating like a camel:** Having a lot of sweat  
**Eg:** Manish was sweating like a camel after running

## Speaking Part 3

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**1Would you say people spend more time outdoors today than they did, say, 20 years ago?**

I don't really think so. Now with so many modern conveniences there's less need of work-outdoors; There are so many offices and indoor jobs, now that's almost considered "low class" to do manual labor or work outside. Most middle-class working people do not get sufficient amounts of exercise, and as a result are weak and more prone to sickness.

**2Are there any outdoor activities that many people used to do but which most people don't do now?**

One of the main ones that I can think of is walking people still walk, but not in the same proportion that they used to years ago. Walking used to be the main source of travel, unless you could afford a horse, donkey, or mule. But now with cars, buses, and the internet, people do a lot less walking to get to work, the store, or wherever they need to go.

**What are the most popular outdoor activities in your country ?**

Many people enjoy playing badminton, riding bicycles, and walking. Some sports that have been adopted from other cultures are also popular, such as basketball, tennis, and track sports. One outdoor activity that most people, both old and young like is table tennis, it is a national sport in our country so it's not really surprising that so many people enjoy playing it.

**3Do old and young people like doing the same kinds of activities outdoors ?**

It really depends on the people playing sports, because some old people are very strong and can keep up with the younger ones quite well. But for the most part old people generally don't **exert themselves** physically as much as the younger ones do. They'd much rather take a walk or play badminton than climb a mountain or play a full-court game of basketball.

**4Describe an outdoor activity that you would like to try for the first time?**

I would like to start in a simple manner. I'm interested in walking. I see a lot of adverts about walking groups on social media. So I'm soon planning to join a group and try walking.

**5Describe an outdoor activity that you did for the first time?**

My company had organised a marathon and all of us were asked to participate. I agreed reluctantly. But as I took part in the event, I started to enjoy it. It charged me up so much that I became fond of marathons.

**6What outdoor activities do you like to do?**

I like to do a variety of outdoor activities ranging from gardening, bird-watching, hiking, horse-riding to playing tennis, cricket and basketball.

**7 Describe an outdoor activity that you enjoy doing in your free time? (0r) Describe your favourite outdoor activity? (0r) Talk about your favourite outdoor activity?**

I go trekking. I prefer ones that last for a day. I'm also part of an adventure club which organises many trips to the nearby forest areas and mountains. We go in groups and it is lots of fun.

**8 Do you like outdoor activities?**

Yes, I do. I prefer ones which involve a lot of people. I play cricket and tennis. So I participate in the games organized by the local club in which I'm a member.

**9 What do you think are some of the differences between working outdoors, compared to say, working in an office ?**

If you're always indoors then you'll get weak and sick easily; whereas if you work outside then you're getting fresh air and sunshine, which are two things that everyone needs to stay healthy. If you're working outdoors, then you'll probably be much more physically fit and a whole lot stronger than if you're sitting at your desk all day. Of course, if you don't have a balanced life then you are bound to have complications, and if you don't spend at least a few hours on your computer every day you might not be able to sleep at night.

**10 Do people in your country prefer to work indoors or outdoors ?**

Most people prefer working inside to working outside. They've had to work outdoors for so many years that it's a relief to work inside. I think that a common mentality is that if you work outdoors you're low class and can't do anything else. This might be true in some cases, but I'm not sure that it's true with everyone.

**11 If you had to choose an outdoor job, what would you choose to do ?**

I would probably choose a job where you have to exert yourself physically. Maybe I'd work on a farm or some job like that, although I'd like to learn carpentry. Oh, I know I'd work at a zoo cleaning the monkey's cages. And when I would have time off, I would go to the elephant cage and feed them peanuts.

**12 Why do some people prefer to work outdoors?**

Outdoor work is interesting because one doesn't get restricted inside office premises. There is a sense of freedom. Also, one gets to see different people and there is no chance of getting bored.

**13 How do you think climate and the environment affect what activities people do**

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**outdoors ?**

If it's really cold then you can't do some of the things that you can when it's really hot. If you try to play basketball the ball won't bounce so well because the cold makes it flat. That's why they have indoor basketball courts; they keep it warm so that the ball can bounce and the teams can play without freezing. In the cold climates you can skate, ski and snowboard, and in hot climates you can surf, swim, and play football or basketball.

**14 Do you think the air quality in your hometown has improved or worsened in recent years ?**

Improvement as far as air pollution is concerned is an impossibility, the air has steadily gotten worse at an alarming rate. Over the past few years more people have gotten cars, more factories have been constructed, and the air has just gotten worse. The sad thing is that, it is slowly killing us all, and in a matter of years we'll all have bronchitis, or maybe tuberculosis—not a very pleasant thought if you ask me.

**15 Do you think it will be easy for the government to solve environmental problems ?**

It won't just be hard, it will be almost impossible. As far as air pollution, the government is fighting a losing battle: every time they pass new regulations or set the standards higher something twisty happens. Like when the Russians were conducting the safety tests at the Chernobyl Nuclear Power Plant, it blew up in their faces. But they should definitely try to do their best to solve these problems.

**16 How do you think the environment in your hometown should be changed ?**

If we had more trees and plants around the city then the air would be a lot fresher. There needs to be some kind of quality control on vehicles that are going around the city, some of those farm tractors are blowing out black smoke that suffocates anybody who's nearby. The sad thing is that people in my hometown are so accustomed to the environment being bad that they don't really care about changing it; they just want to do what's easiest, even if it means mining their health and slowly killing themselves.

**Vocabulary for Speaking Part 3**

- **Organized:** Arranged or structured in a systematic way.  
Eg: Be highly organized and efficient.
- **Restricted:** Limited in extent  
Eg: Access to the club is restricted to members only.
- **Freezing:** Very cold  
Eg: Bundle up! It's freezing outside!
- **Steadily:** In a regular and even manner  
Eg: The ground rises steadily.